

**When**  
Tuesdays  
12pm-2pm in  
the Café

**Who is it for?**

This group is for  
Young Active  
Parents up to the  
age of 21.

# Y.A.P.S

## (Tiny Toes)

### A group for Young Active Parents

Meet Our Y.A.P.S  
Team



Marie Regan  
Community Worker  
Millmead Children's  
Centre  
Tel: 01843 280 555



Julie Radford  
Catering Manager /  
Youth Worker  
Millmead Children's  
Centre  
Tel: 01843 280 555



Natasha Piters  
Pinnacle Co-Ordinator  
07814527699

### What is YAPS\*?

Kent is committed to providing support to all young parents and YAPS forms an essential part of this. There are currently 37 groups across Kent and the Thanet YAPS group is run by a multi agency team who have specialist skills and are able to support young parents with a range of issues. YAPS gives young parents the opportunity to meet other young parents and access relevant services whilst at the same time gaining some qualifications. The team can offer advice on benefits, housing, childcare and access to education, employment and training and will signpost to specialist services where required.

YAPS works closely with Midwives who have their clinic on Tuesday.

### **YAPS+ Group Starting Soon On the 17th Nov**

YAPS+ is the next step in the process. Young parents get a chance to gain skills and confidence to re-enter education. Short informal courses are provided where young parents can increase their self confidence and aspiration

\*Young Active Parent Support

\*\* Support Team Encompassing  
Pregnancy and Parenting Skills

