



# Outdoor Learning

Professional development and training programme 2011/12

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Richard Hayden, Richard Retallick, KCC Country Parks Service  
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*“Every young person should experience the world beyond the classroom as an essential part of learning and development, whatever their age, ability and circumstance.”*

‘Learning Outside the Classroom Manifesto’, November 2006.

## About us - Outdoor Education Unit

The role of The Outdoor Education Unit is to help support schools, teachers and youth workers on all issues relating to educational visits and to develop and promote Learning Outside the Classroom.

We provide guidance, advice and ‘educational visits approvals’ for residential and adventurous activities. We also ‘vet’ accommodation and activity providers on behalf of schools and youth centres to ensure that they meet Kent County Council (KCC) requirements and national good practice guidelines.

The other key part of our role is to develop and promote Learning Outside the Classroom and to provide training for schools and youth establishments.

### The Outdoor Education Unit Training Service

The training service was developed to provide CPD/INSET training to teachers, youth workers and other staff working with young people in all aspects of educational visits and education outside the classroom.

We aim to provide a range of courses to help staff feel more confident about planning and leading educational visits in a wide range of environments. We also develop specific skills and understanding of policies and good practice relating to managing educational visits within schools and youth establishments.

### Support and resources for ‘Learning Outside the Classroom’

- Learning Outside the Classroom (Council for LOtC): [www.lotc.org.uk](http://www.lotc.org.uk)
- KCC Outdoor Education Unit homepage with policy, guidance and information: [www.kenttrustweb.org.uk/policy/offsite.cfm](http://www.kenttrustweb.org.uk/policy/offsite.cfm)
- High Quality Outdoor Education (English Outdoor Council): [www.englishoutdoorcouncil.org/HQOE.pdf](http://www.englishoutdoorcouncil.org/HQOE.pdf)
- Out of Classroom Learning (Real World Learning Partnership): [www.rspb.org.uk/Images/Outofclassroomlearningbrochure\\_tcm9-133061.pdf](http://www.rspb.org.uk/Images/Outofclassroomlearningbrochure_tcm9-133061.pdf)

### The Outdoor Education Advisors Panel

The Outdoor Education Advisors Panel (OEAP) is made up of representatives from local authority’s (LA) across the UK. It works in partnership with the Department for Education (DfE) and many other bodies helping to advise and develop policy, training and good practice guidelines for Outdoor Education and educational visits.



The Educational Visit Coordinator, Educational Visit Leader and Outdoor Learning Card courses are national OEAP validated courses.

# Educational Visits Coordinator (EVC) training

A course for those staff who are responsible for managing educational visits for young people.

## Audience:

Foundation; KS1; KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

(This course is only available to schools located in Kent; please see your local Outdoor Education Advisor for details of courses in your local authority)

## Course content:

This course aims to develop the core competencies to help in the coordination of risk management and assessment, supervision and leadership of all educational visits. It is a nationally recognised course and follows a syllabus developed by the Outdoor Education Advisors Panel (OEAP).



It is recommended that every school has an EVC to help coordinate and manage educational visits. This is also a recommended course for Area Youth Officers (AYOs) managing off-site visits and activities.

## Learning outcomes:

- The purpose and value of educational visits.
- Good practice on educational visits.
- Managing risk through risk assessment.
- Insurance for educational visits.
- Equal opportunities and inclusion.
- Competence, supervision and leadership skills.
- Roles and responsibilities within the school.
- Local Authority policy, guidance and visit approvals.
- KCC's e-Go online visits approval system.

## Course trainer:

This course is run by the KCC Outdoor Education Unit.

Dates	Venue
6 October 2011	The Russell Hotel, Maidstone
1 December 2011	Aspen Smile Centre, Whitfield and Aspen School, Whitfield, Dover
1 March 2012	Singleton Environmental Centre, Ashford
21 June 2012	Margaret McMillan House Outdoor Education Centre, Wrotham

Time: 9am - 4pm

Cost: Kent LA - £125 Academy/Independent - £150

Includes: lunch and refreshments

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

# Educational Visits Coordinator (EVC) updates

An opportunity to catch up with new developments and discuss a broad range of issues relating to managing educational visits.

## Audience:

Foundation; KS1; KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

(This course is only available to schools located in Kent; please see your local Outdoor Education Advisor for details of courses in your local authority)



## Course content:

This course aims to update Headteachers and EVCs on current policies, issues and national good practice guidelines.

It also provides a forum for discussion on issues relating to managing educational visits and Learning Outside the Classroom; to help with developing and improving your own establishments policies and procedures.

## Learning outcomes:

- Current issues regarding learning outside the classroom.
- Updates on KCC policy and procedures for off-site visits.
- Updates on managing risk and risk assessments.
- Discussions on further development of equal opportunities and inclusion, competence, supervision and leadership.
- Reinforcement and discussion of the roles and responsibilities.
- Updates to Local Authority policy, guidance and visit approvals.
- Updates and tips for using KCC's e-Go online visits approval system.

## Course trainer:

This course is run by the KCC Outdoor Education Unit.

Dates	Venue
5 October 2011	The Russell Hotel, Maidstone
24 November 2011	Aspen Smile Centre, Whitfield and Aspen School, Whitfield, Dover
8 March 2012	Singleton Environmental Centre, Ashford
20 June 2012	Margaret McMillan House Outdoor Education Centre, Wrotham

Time: 1:30pm - 4:30pm

Cost: Kent LA - £50 Academy/Independent - £70

Includes: refreshments

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

This course can also be run locally for a group, or cluster of schools. Please enquire for further information.

# Educational Visit Leader training

A course to increase confidence, awareness and group management skills when leading outdoor visits and activities.

## Audience:

Foundation; KS1; KS2; KS3; KS4; KS5; Special Needs; Youth Work.

## Course content:

This is a very practical course aimed at teachers, youth workers and other people working with young people in outdoor environments.



This course aims to help develop knowledge, understanding and practical group management skills in different environments to help staff feel more confident leading educational visits.

It is a nationally recognised course and follows a syllabus developed by the Outdoor Education Advisors Panel (OEAP).

## Learning outcomes:

- The purpose and value of educational visits.
- Current good practice on educational visits.
- Managing risk and practical risk assessment.
- Practical experience in a range of outdoor environments - including by water, lowland country, urban areas, etc.
- Practical strategies for group control and management in outdoor environments.
- Safe management of pupils using minibuses and other transport.
- Basic navigation and map work.
- A fun day out where you talk to other teachers and youth workers and share ideas and experiences!

## Course trainer:

This course is run by the KCC Outdoor Education Unit.

Dates	Venue
14 October 2011	Margaret McMillan House Outdoor Education Centre, Wrotham
16 March 2012	Pines Calyx Centre, St Margaret's Bay

Time: 9am - 4pm

Cost: Kent LA - £100 Academy/Independent - £130

Includes: lunch and refreshments

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

**NB:** Part of this course will take place outside and you will need to bring appropriate clothing and footwear.

# Risk management and planning for educational visits

A course for anyone wanting to feel more confident planning and managing visits.

## Audience:

Foundation; KS1; KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

This is a course to help teachers, youth workers and anyone working with young people. It focuses on the importance of risk management, and how to use it effectively in planning for educational visits.



This course also provides a forum for discussion and helps to alleviate fears and clear-up misconceptions about issues surrounding educational visits.

## Learning outcomes:

- The importance of planning for educational visits.
- Principles of risk assessment.
- Health and Safety law and obligations.
- The 3 levels of risk assessment (generic, specific and ongoing).
- Practical experience of writing risk assessments.
- Issues surrounding risk assessment and risk management.

## Course trainer:

This course is run by the KCC Outdoor Education Unit.

Dates	Venue
20 October 2011	The Russell Hotel, Maidstone
19 January 2012	Aspen Smile Centre, Whitfield and Aspen School, Whitfield, Dover
22 March 2012	Singleton Environmental Centre, Ashford

Time: 1:30pm - 4:30pm  
Cost: Kent LA - £50 Academy/Independent - £75  
Includes: refreshments

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

## Other options:

This course is a popular option for staff CPD/INSET day training; especially if educational visits policies and procedures are to be updated. This course can also be run locally for a group, or cluster of schools. Please enquire for further information.

Time: Full day, half day or twilight options available for whole school INSET  
Cost: Whole school day - £600, half day/twilight - £300/£250

# Overseas expeditions planning workshop

A workshop for all EVCs, teachers and youth workers who are either planning or considering planning an Overseas Expedition.

## Audience:

KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

This open workshop will discuss how to plan an Overseas Expedition for schools and youth groups, including the KCC and government policies and procedures and recommended national good practice.



It is also an ideal forum to discuss ideas and best practice, and to find out the answers to any questions or issues regarding expeditions and travelling overseas.

## Learning outcomes:

- What is an Overseas Expedition?
- Adventurous activities, project work and fieldwork options.
- KCC and Government policies and procedures.
- Good practice guidelines for planning and management.
- Dealing with incidents and accidents.
- Communications.
- Share ideas and good practice.
- Question and Answer Forum.

## Course trainer:

This course is run by the KCC Outdoor Education Unit.

Dates	Venue
15 November 2011	TBC - Maidstone area

Time: 3:30pm - 5:30pm  
Cost: Kent LA - £50      Academy/Independent - £75  
Includes: refreshments

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

# Language and cultural exchange planning workshop

A workshop for all EVCs, teachers and youth workers who are either planning or considering planning an exchange visit overseas.

## Audience:

KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

This open workshop will discuss how to plan an Exchange Visits for schools and youth groups, including the KCC and government policies and procedures, and recommended national good practice.

It is also an ideal forum to discuss ideas and best practice, and to find out the answers to any questions or issues regarding exchanges and travelling overseas.

## Learning outcomes:

- What is an Exchange?
- Accommodation and Homestay options.
- Adventurous activities options.
- KCC and Government policies and procedures.
- Good practice guidelines for planning and management.
- Dealing with incidents and accidents.
- Communications.
- Share ideas and good practice.
- Question and Answer Forum.

## Course trainer:

This course is run by the KCC Outdoor Education Unit.

Dates	Venue
16 November 2011	TBC - Maidstone area

Time: 1:30pm - 4:30pm

Cost: Kent LA - £50

Academy/Independent - £75

Includes: refreshments

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)



# Developing outdoor learning at your school or establishment

A course to help promote and develop your school grounds and local area as an outdoor learning resource.

## Audience:

Foundation; KS1; KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

This course will help teachers and other staff to assess and develop their schools grounds and local resources for Outdoor Learning and Activities.

The course looks at a wide variety of ways to enhance and develop Outdoor Learning, including direct links to the curriculum, outdoor activities, teamwork and problem solving activities, environmental and wildlife and other curriculum based resources.

Resources and activities can be linked directly to the academic curriculum, or the wider keys skills and pastoral curriculum.

## Learning outcomes:

- Introduction to Outdoor Learning.
- How can Outdoor Learning help you and your young people?
- Meeting aims and objectives – academic, key skills and pastoral.
- Assessing and designing resources and activities in your grounds.
- KCC and Government policies and procedures.
- Questions and Answers.

## Course trainer:

This course is run by the KCC Outdoor Education Unit.



Dates	Venue
10 November 2011	Margaret McMillan House Outdoor Education Centre, Wrotham
27 April 2012	Aspen Smile Centre, Whitfield and Aspen School, Whitfield, Dover

Time: 1:30pm - 4:30pm  
Cost: Kent LA - £50 Academy/Other LA/Independent - £75  
Includes: refreshments

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

**NB:** This course will take place partly outside and you will need to bring appropriate clothing and footwear.

# Outdoor Learning Cards - inspirational outdoor learning resources and activities for educational professionals

A course for anyone looking for new ideas, activities and resources for learning in the outdoors.

## Audience:

KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

The Outdoor Education Advisers' Panel (OEAP) has developed and designed a range of outdoor learning support resources to help educational professionals integrate outdoor learning into the curriculum. This is a new one day course that will train teachers and youth workers in how to deliver exciting and inspirational outdoor learning activities using the 50 new outdoor learning cards resources.



## Learning outcomes:

- To introduce the concept and benefits of Outdoor Learning.
- Direct links to the academic and wider school and youth work curriculum.
- Practical hands on sessions on how to use the resource cards.
- A chance to explore how these activities could benefit your young people.
- Discussions on differentiation for different ages and abilities, and adaptations for special needs.

## The training will cover 4 elements:

Team-building and Problem-solving, Orienteering, Bouldering and Journeying. These activities can be used from KSI through to KS3 in a variety of situations from curriculum subjects to clubs, extended services and youth work activities.

Each participant receives training and a full set of learning cards and resources.

## Course trainer:

This course is run by the KCC Outdoor Education Unit.

Dates	Venue
13 October 2011	Margaret McMillan House Outdoor Education Centre, Wrotham
14 March 2012	Swattenden Outdoor Centre, Cranbrook
19 June 2012	Aspen Smile Centre, Whitfield and Aspen School, Whitfield, Dover

Time: 9am - 4:30pm

Cost: Kent LA - £175 Academy/Other LA/Independent - £195  
(Inc. outdoor Learning Cards resources valued at £75)

Includes: lunch and refreshments

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

**NB:** This course will take place partly outside and you will need to bring appropriate clothing and footwear.

# 'Introductions to.....' courses

Ideal introductions to a range of outdoor learning activities. Courses are designed to give teachers and youth workers experience and confidence, and an understanding of what they need to do to get young people involved in these fantastic activities.

## The courses are designed to:

- Introduce Outdoor Learning and its benefits for young people
- Show the direct links to the school curriculum, youth work and educational aims and objectives.
- Provide lots of practical hands-on experience of the activity to see exactly what is involved, and see the experiences that your young people will have.
- How to plan and organise the activities – including using vetted activity providers, KCC policies and procedures, and group management and pastoral issues.
- Fun, Fun, Fun!

## Led by qualified, experienced local trainers and activity instructors

These courses are led by qualified local trainers and activity instructors. They are highly skilled in their activity disciplines, and will give you the best introduction and coaching to the activity. As local experts they can also answer questions on where to go, what to do and how to progress further.

## Learning and skills progression

All the courses are designed to show a progression of skills, development and learning within the activities to help you plan and coordinate your outdoor learning experiences.

## Differentiation and special needs

All the trainers are very experienced in their activity disciplines and have worked with a wide range of client groups. They can advise on how to create and plan differentiated activities by age and ability, and manage any special needs including medical issues. Almost all activities can be made fully inclusive to all young people, whatever their needs!

Any specialist or technical equipment and clothing required will be provided.

These activities are very practical and hands-on and will be outside for the majority of the day. Be prepared to have a go and have fun - (some may include getting wet)!

# An introduction to canoeing, kayaking and rafting

Learn to paddle and see how it can help develop the confidence, teamwork and communication skills of your young people.

## Audience:

KS2; KS3; KS4; KS5; Youth Work; Special Needs; Governors.

## Course content:

This course is designed to introduce you to the world of paddle sports. It covers the whole range of paddling options from open canoes and kayaks to improvised raft building, with activities suitable for all ages and abilities.



Paddling and canoe journeys can also contain great cross curricular links to geography, history, literacy, numeracy and art; as well as developing teamwork, problem solving and communication skills.

## Learning outcomes:

- To introduce the concept and benefits of Outdoor Learning.
- Direct links to the academic and wider school and youth work curriculum.
- Practical hands on sessions in two person Open Canoes, single person Kayaks and team-based Improvised Raft building.
- A chance to explore how these activities could benefit your young people.
- Discussions on differentiation for different ages and abilities, and adaptations for special needs.

## Course trainers:

This course is run by KCC's Bewl Water Outdoor Centre, who provide the qualified and experienced instructors, and equipment for this activity. This course is based at Bewl Water reservoir.

Dates	Venue
11 October 2011	Bewl Water Outdoor Centre, Lamberhurst
1 May 2012	Bewl Water Outdoor Centre, Lamberhurst

Time: 9:30am – 3:30pm

Cost: Kent LA - £60 Academy/Other LA/Independent - £85

Includes: refreshments; **please bring a packed lunch**

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

**NB:** This course will take place mainly outside and you will need to bring appropriate clothing and footwear, a kit list will be supplied on booking. Specialist equipment will be supplied. Participants must have basic water confidence for the activity; buoyancy aids and waterproofs are provided.

# An introduction to dinghy sailing and windsurfing

Explore how harnessing the power of wind and learning to sail and windsurf can benefit young people.

## Audience:

KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

This course is designed to introduce you to the world of dinghy sailing and windsurfing, explore the links to the curriculum (including science, design and technology, PE, etc) and opportunities to develop teamwork and personal development.

You will have the chance to experience sailing in a variety of types of sailing dinghies and boats to suit all ages and abilities; learning about the wind and how to harness it.



Bewl Water Outdoor Centre is fully equipped with facilities for people with disabilities and special needs.

## Learning outcomes:

- To introduce the concept and benefits of Outdoor Learning.
- Direct links to the academic and wider school and youth work curriculum.
- Practical hands on sessions, learning to sail in a variety of sailing dinghies; options to experience single person dinghies and windsurfing.
- A chance to explore how these activities could benefit your young people.
- Discussions on differentiation for different ages and abilities, and adaptations for special needs.

## Course trainers:

This course is run by KCC's Bewl Water Outdoor Centre, who provide the qualified and experienced instructors, and equipment for this activity. This course is based at Bewl Water reservoir.

Dates	Venue
12 October 2011	Bewl Water Outdoor Centre, Lamberhurst
2 May 2012	Bewl Water Outdoor centre, Lamberhurst

Time: 9:30am – 3:30pm

Cost: Kent LA - £60 Academy/Other LA/Independent - £85

Includes: refreshments; **please bring a packed lunch**

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

**NB:** This course will take place mainly outside and you will need to bring appropriate clothing and footwear, a kit list will be supplied on booking. Specialist equipment will be supplied. Participants must have basic water confidence for the activity; buoyancy aids and waterproofs are provided.

# An introduction to climbing (indoor and outdoor)

Experience the vertical world, and how it can be used to unlock hidden skills and potential in young people.

## Audience:

KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

This course is designed to introduce you to world of climbing, and how it can benefit your young people in developing teamwork, trust, self confidence, self-esteem and help them to believe in their own abilities.

The course will look at a range of climbing activities, from bouldering (low climbing without ropes), using artificial climbing walls to abseiling and roped climbing outside on real rock.



## Learning outcomes:

- To introduce the concept and benefits of Outdoor Learning.
- Direct links to the academic and wider school and youth work curriculum.
- Practical hands on sessions, exploring movement, climbing skills and techniques, rope work and safety and equipment.
- A chance to explore how these activities could benefit your young people.
- Discussions on differentiation for different ages and abilities, and adaptations for special needs.
- Be able to advise young people on the opportunities to further their climbing experiences.

## Course trainer:

This course is led by Chris Tullis, one of the most experienced climbers in the South East, and an expert on the local Southern Sandstone crags. He runs Soft Rock Climbing and the Evolution Indoor Climbing Centre, and manages Harrison's Rocks on behalf of the British Mountaineering Council (BMC).

Dates	Venue
4 November 2011	Evolution Indoor Wall and Harrison's Rocks, Groombridge near Tunbridge Wells
23 April 2012	Evolution Indoor Wall and Harrison's Rocks, Groombridge near Tunbridge Wells

Time: 9:30am – 3:30pm

Cost: Kent LA - £60 Academy/Other LA/Independent - £85

Includes: refreshments; **please bring a packed lunch**

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

**NB: This course will take place mainly outside and you will need to bring appropriate clothing and footwear. Specialist equipment will be supplied.**

# An introduction to cycling and mountain biking

Find out how your young people can pedal to self confidence and success.

## Audience:

KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

This course is designed to introduce you to the world of cycling and mountain biking, and see how this great activity can help your young people succeed.

The course will give you experience of a range of cycling activities, cycling skills, cycle maintenance and route planning. It will also focus on how to create a wide range of links to the academic and wider school and youth work curriculum.



## Learning outcomes:

- To introduce the concept and benefits of Outdoor Learning.
- Direct links to the academic and wider school and youth work curriculum.
- Practical hands on sessions, exploring bike design and basic maintenance, cycling skills and techniques, mountain biking skills and safety and equipment.
- Trail rides and an opportunity to experience single track mountain biking.
- A chance to explore how these activities could benefit your young people.
- Discussions on differentiation for different ages and abilities, and adaptations for special needs.
- Be able to advise young people on the opportunities to further their cycling experiences.

## Course trainer:

This course is led by Oliver Ireland the Cycling Development Coach at Bedgebury Forest. He is a highly experienced, qualified cycle and mountain bike coach and ex-teacher. Courses are run at Bedgebury Forest's cycling and mountain bike tracks.

Dates	Venue
17 October 2011	Bedgebury Forest
19 March 2012	Bedgebury Forest

Time: 9:30am – 3:30pm

Cost: Kent LA - £60 Academy/Other LA/Independent - £85

Includes: refreshments; **please bring a packed lunch**

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

**NB:** This course will take place mainly outside and you will need to bring appropriate clothing and footwear. A bike and helmet will be supplied; please bring your own equipment if you prefer.

# An introduction to high and low ropes courses

Teamwork, self-confidence and personal development on and off the ground.

## Audience:

KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

This course is designed to introduce you to the world of high and low ropes courses, and to see how this wonderful activity can help your young people develop.

The course will give you the experience of a wide range of ropes course activities (high and low) suitable for all ages and abilities. You will explore how careful facilitation and 'challenge by choice' can really stretch young peoples comfort zones and horizons, and develop teamwork, communication and self confidence.



## Learning outcomes:

- To introduce the concept and benefits of Outdoor Learning.
- Direct links to the academic and wider school and youth work curriculum.
- Practical hands on sessions, exploring the use of different ropes courses for personal development.
- The opportunity to experience both low and high ropes course first hand.
- A chance to explore how these activities could benefit your young people.
- Discussions on differentiation for different ages, abilities and adaptations for special needs.

## Course trainers:

This course is run by KCC's Outdoor Education Advisor. KCC's Swattenden Outdoor Centre provides the qualified and experienced instructors, equipment and facilities for this activity.

Dates	Venue
19 October 2011	Swattenden Outdoor Centre, Cranbrook
7 March 2012	Swattenden Outdoor Centre, Cranbrook

Time: 9:30am - 3:30pm

Cost: Kent LA - £60 Academy/Other LA/Independent - £85  
(Inc. Outdoor Learning Cards resources valued at £75)

Includes: refreshments; **please bring a packed lunch**

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

**NB: This course will take place mainly outside and you will need to bring appropriate clothing and footwear. Specialist equipment will be supplied.**

# An introduction to teaching orienteering

Help your young people to find their way, and so much more.

## Audience:

KS2; KS3; KS4; KS5; Special Needs; Youth Work.

## Course content:

This course is designed to introduce you to teaching orienteering as a curriculum based activity and as a sport, in your own school or establishment grounds.

The course will give you the experience and knowledge to introduce the basic skills of orienteering to beginners in a fun and exciting way, with direct links to the curriculum and how to run simple competitions for participants.

This is a national governing body (NGB) accredited course run by British Orienteering.

## Learning outcomes:

- Introduce young people to orienteering in a safe environment.
- Plan sessions which introduce the basic understanding of how to use an orienteering map and include the following skills: map as a bird's eye view, importance of north, map orientation, use of map colours and commonly used symbols, keeping in contact with the map and "thumbing".
- Plan and deliver orienteering sessions that meet the safety standards required by British Orienteering.
- Organise and deliver simple orienteering competitions.
- Be able to advise young people on the opportunities to further their orienteering experience.

## Course trainers:

This course is led by Christine Robinson, the British Orienteering Regional Development Officer and licensed tutor for the South East, who has a wealth of experience in coaching orienteering and in depth knowledge of local venues and sites.

Dates	Venue
30 November 2011	Bewl Water Outdoor Centre, Lamberhurst
26 April 2012	Bewl Water Outdoor Centre, Lamberhurst

Time: 9:15am – 4:00pm

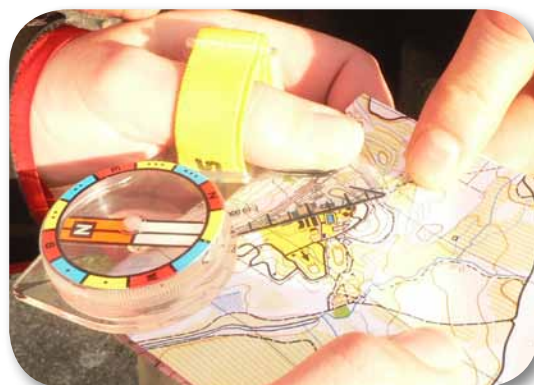
Cost: Kent LA - £60 Academy/Other LA/Independent - £85

Includes: refreshments; **please bring a packed lunch**

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

To gain British Orienteering accreditation for this course, participants will need to pay a separate £20 registration to join British Orienteering.

**NB:** This course will take place mainly outside and you will need to bring appropriate clothing and footwear.



# An introduction to team building and problem solving activities

A course for anyone looking for alternative activities to develop personal skills and confidence.

## Audience:

KS2; KS3; KS4; KS5; Special Needs; Youth Work.

## Course content:

This course is designed to introduce the use of team building and problem solving activities to help improve young people's learning and development - communication, decision-making and leadership to help boost self confidence and esteem.



This course can be very successfully linked to 'Building Learning Power' (BLP) and 'Thinking Actively in a Social Context' (TASC) educational concepts.

## Learning outcomes:

- To introduce the concept and benefits of Teamwork and Problem-Solving.
- Direct links to the academic and wider school and youth work curriculum.
- Practical hands on sessions, exploring the use of different activities.
- A chance to explore how these activities could benefit your young people.
- Discussions on differentiation for age and ability, and special needs.
- The importance of reviewing activities for personal development.

## Course trainer:

This course is run by KCC's Outdoor Education Unit.

Dates	Venue
11 November 2011	Swattenden Outdoor Centre, Cranbrook
29 February 2012	Swattenden Outdoor Centre, Cranbrook

Time: 1:30pm - 4:30pm

Cost: Kent LA - £45 Academy/Other LA/Independent - £70

Includes: refreshments

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

## Other options:

This is a very flexible course that can be tailored to your school or groups particular needs. It can be run as staff training or can include your pupils in the activities.

Time: Full day, half day or twilight options available

Cost: Whole school day - £600, half day/twilight - £300/£250.

This course can also be run locally for a group, or cluster of schools. Please enquire for further information.

**NB:** This course will take place mainly outside and you will need to bring appropriate clothing and footwear.

# KCC Southern Sandstone Leaders Award (SSLA)

## – rock climbing

A qualification to lead young people on Kent's unique local sandstone rocks and crags.



### Audience:

KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

### Course content:

These courses are designed to train, assess and qualify you to lead young people rock climbing on Kent's own unique and special Southern Sandstone rock outcrops. The training will cover how to climb and manage groups on these delicate crags, rope work for top-roped climbing and rescue, equipment and safety techniques. To gain the most out of this course, and qualify for assessment, you will need previous climbing experience (up to a 4a standard), including belaying and top-rope climbing - this is not a course for beginners. A valid first aid certificate will be required to validate the award. This qualification cannot be used as a qualification for use on artificial climbing walls and crags outside the Southern Sandstone area - other national governing body awards are appropriate for these activities.

### Learning outcomes:

- An introduction to the unique Southern Sandstone crags and environment.
- Planning and teaching basic climbing skills and bouldering.
- Managing groups in a climbing environment.
- Safety, rope work and equipment.
- Dealing with problems and rescue techniques.
- Access, conservation and the etiquette.

### Course trainers:

This course is led by Chris Tullis, one of the most experienced climbers in the South East and an expert on the local Southern Sandstone crags. He runs Soft Rock Climbing and the Evolution Indoor Climbing Centre and manages Harrison's Rocks on behalf of the British Mountaineering Council (BMC). An external assessment for qualification is made by a qualified Mountain Instructor based on candidates log book experience, personal climbing skills and a practical assessment with a group.

Dates	Venue
Training (2 day): 24 and 25 April 2012	Evolution Indoor Wall and Harrison's Rocks, Groombridge near Tunbridge Wells. Also other Southern Sandstone outcrops near Tunbridge Wells
Seperate (2 day) Assessment - please contact Outdoor Education Unit for details and dates	

Time: 9:15am – 4:00pm

Cost: Kent LA - £150 Academy/Other LA/Independent - £175

Includes: please bring a packed lunch and drinks

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

**NB:** This course will take place mainly outside and you will need to bring appropriate clothing and footwear. Specialist equipment will be supplied.

# KCC Basic Camping Leaders Award (BCLA)

A course for anyone wanting to lead camping activities in lowland areas and campsites.

## Audience:

Foundation; KS1; KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

The aim of the course is to provide you with the basic skills required for leading and supervising groups camping on commercial, permanent and lowland rural campsites.



The course will comprise of both theory and practical sessions including: pitching tents, group and risk management, health and hygiene and safe use and management of camping stoves. A current first aid certificate will be required to validate this award. The remit of this award does not include camp fire management.

## Learning outcomes:

- To introduce the concept and benefits of Outdoor Learning and Camping activities.
- Setting up camp, locations and types of tents.
- Planning for safety and risk management, and first aid provision.
- Using camping stoves and camp cooking / catering.
- Health and hygiene issues.
- Other equipment (rucksacks, sleeping bags, mats, etc).
- Programme planning and evening activities.
- KCC policies, and e-Go and Local Authority Approval procedures.

## Course trainers:

This course is run by KCC's Outdoor Education Unit.

Dates	Venue
18 October 2011	Swattenden Outdoor Centre, Cranbrook
31 May 2012	Swattenden Outdoor Centre, Cranbrook

Time: 9:00am – 4:00pm

Cost: Kent LA - £65 Academy/Other LA/Independent - £85

Includes: refreshments (participants will be required to bring their own food to cook lunch with on a camping stove)

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

This course can also be run locally for a group, or cluster of schools. Please enquire for further information.

**NB:** This course will take place mainly outside and you will need to bring appropriate clothing and footwear.

# KCC Camp Fire Management Award (CFMA)

The art and safety of managing campfires and camp fire cookery with groups

## Audience:

Foundation; KS1; KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

The aim of the course is to provide you with the basic skills required for leading and supervising group camp fires and camp fire cookery.

The course will comprise of practical sessions looking at the art of camp fire craft and safe management, and will involve building, managing and cooking on different types of open fires.



## Learning outcomes:

- To introduce the concept, aims and benefits of camp fire activities.
- Suitable locations and safety considerations for different ages and abilities.
- The fire circle – safety, structure and group management.
- Choice and types of fires, and fire lighting skills.
- Wood fuel choices and burning.
- Campfire activities and group interaction.
- Methods of camp cooking, menu choices and food preparation.
- Health and hygiene issues.
- The environment and conservation.

## Course trainers:

This course is led by Clair Hobson and Scott Woolsgrove from EarthCraftuk. They are highly qualified and experienced Forest School and Bushcraft practitioners.

Courses are based at their ancient woodland site at Mount Ephraim Gardens, Faversham.

Dates	Venue
2 December 2011	The EarthCraftuk forest site at Mount Ephraim Gardens, Herne Hill, near Faversham
11 May 2012	The EarthCraftuk forest site at Mount Ephraim Gardens, Herne Hill, near Faversham

Time: 9:30am – 3:30pm

Cost: Kent LA - £100 Academy/Other LA/Independent - £125

Includes: refreshments; **please bring a packed lunch and drinks**

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

**NB:** This course will take place mainly outside and you will need to bring appropriate clothing and footwear.

# Other National Governing Body (NGB) Leadership Awards for Outdoor Activities

## Climbing, Hill and Mountain Walking

Mountain Leader Training England (MLTE) is the NGB that administer leadership awards for climbing, hill/mountain walking and mountaineering. Contact MLTE for details, course information and dates: [www.mlte.org/content.php?nID=28](http://www.mlte.org/content.php?nID=28)

The Kent Mountain Centre (KMC) KCC's mountain centre in Llanberis, North Wales, runs SPA rock climbing and ML (summer) Mountain Leader courses: [www.thekmc.co.uk/](http://www.thekmc.co.uk/)

## Sailing, Windsurfing and Powerboating

The Royal Yachting Society (RYA) is the NGB that administer leadership awards for sailing, windsurfing and powerboating in the UK. Contact the RYA for details, course information and dates: [www.rya.org.uk/coursestraining/coachestrainersinstructors/Pages/default.aspx](http://www.rya.org.uk/coursestraining/coachestrainersinstructors/Pages/default.aspx)

Bewl Water Outdoor Centre runs Dinghy Sailing Instructor, windsurfing and powerboating skills courses in Kent: [www.bewlwater.org/](http://www.bewlwater.org/)

## Canoeing and Kayaking

The British Canoe Union (BCU) is the NGB that administer leadership awards for canoeing and kayaking in the UK. Contact the BCU for details, course information and dates: [www.bcu.org.uk/coaching/](http://www.bcu.org.uk/coaching/)

Bewl Water Outdoor Centre runs canoe and kayak skills courses in Kent: [www.bewlwater.org/](http://www.bewlwater.org/)

## Cycling and Mountain Biking

British Cycling is the NGB that administer leadership awards for Cycle Coaching in the UK. Contact the British Cycling for details, course information and dates:

[http://new.britishcycling.org.uk/coaching/article/coast\\_Level\\_2\\_MTB\\_Coaching\\_Award](http://new.britishcycling.org.uk/coaching/article/coast_Level_2_MTB_Coaching_Award)

## Orienteering

British Orienteering (previously called BOF) is the NGB that administer leadership awards for Orienteering in the UK. Contact the British Orienteering for details, course information and dates: [www.britishorienteering.org.uk/volunteer-support/coaching-award-scheme.php](http://www.britishorienteering.org.uk/volunteer-support/coaching-award-scheme.php)

## Archery

Archery GB (previously called Grand National Archery Society - GNAS) is the NGB that administer leadership awards for Archery in the UK. Contact the Archery GB for details, course information and dates: [www.archerygb.org/ArcheryGB/index.cfm/operations/coaching/archer-pathway/](http://www.archerygb.org/ArcheryGB/index.cfm/operations/coaching/archer-pathway/)

## Angling

The Angling Development Board (ADB) is the NGB that administer leadership awards for Angling in the UK. Contact the ADB for details, course information and dates:

[www.anglingtrust.net/page.sp?section=50&sectionTitle=Angling+Development+Board+%2D+Coaching](http://www.anglingtrust.net/page.sp?section=50&sectionTitle=Angling+Development+Board+%2D+Coaching)

# What are Forest Schools activities?

“If you go down to the woods today, you’re sure of a big surprise..... lot’s of young people enjoying the fantastic learning opportunities that woodlands have to offer!”

## Forest schools

Originating in Scandinavia, the concept and philosophy of Forest School has been developing across the UK, with the first professional practitioner training commencing in 2000. Since then, Forest School has been recognised as a professional and valuable area of outdoor learning with many children and young people taking part in Forest School programmes across the country. From early years in primary schools, through to secondary schools and youth groups.

Forest Schools are for all abilities from special needs, to gifted and talented – everyone will benefit from participation in Forest School – including the teaching staff!

Forest School is an inspirational process that offers children and young people regular outdoor experiences throughout the year in all weathers, (ideally weekly for a minimum of 12 sessions, instead of a one-off visit) to maximise the learning potential of a local woodland or natural space. Forest School activities increase the skills and knowledge of the individuals who take part, ranging from creative play, through to practical skills such as fire lighting and camp fire cooking, and working with bladed and traditional woodland hand tools.

Forest School programmes are run by qualified and experienced Forest School Leaders. This could be your own trained staff or leaders from a local provider.

The Forest School setting is very adaptable and allows for a flexible approach to learning that can accommodate a wide range of learning styles. The Forest School approach allows young people to direct their own learning and teaching methods and can be shaped to individual children’s learning needs. Confidence is increased through having the freedom, time and space to learn, grow and make independent, safe choices by helping children and young people learn to manage their own risks.

## Forest school activities

Forest Schools programmes offer a wide range of outdoor experiences – creative play, woodland and environmental activities – all according to the age group and abilities. Activities such as, shelter and den building; fire lighting and cooking; using traditional woodland hand tools to create wonderful natural craft items; survival techniques; animal tracking; plant and animal identification; environmental games and art – all increasing knowledge and understanding for the environment and natural surroundings.

Woodlands and other natural areas (such as beach, downs etc) are a fantastic resource for creating a stimulus to use back in the classroom or youth centre. Forest School experiences and activities can also be very successfully linked to cross-curricular learning and academic teaching with the positive effects having lasting results back in the classroom, and at home.

For more information or to get involved please contact the Outdoor Education Unit for advice.



# An introduction to Forest School

## Audience:

Foundation; KS1; KS2; KS3; Special Needs; Governors.  
This course is particularly suitable for early years and primary schools

## Course content:

This course will provide participants with an understanding of what Forest Schools are, how they are run and the educational value of the programme. It will also provide some taster activities that can be taken back to your setting to try with your pupils.



There will be opportunities to experience some of the activities that are included in the Forest Schools programme including whittling wood, making charcoal and using rope. Hot drinks will be made on the fire in the Forest Schools area.

## Learning outcomes:

- Develop an understanding of the Forest Schools programme.
- Gain awareness of the educational value of the programme.
- Learn some simple activities to take back to your setting.
- Develop confidence in managing sessions with pupils.
- Gain confidence in producing risk assessments.

## Course trainers:

This course is led by qualified Forest School practitioners and Rangers from the KCC County Parks Service; they are also experienced in providing a wide range of environmental, wildlife, science and geography courses to schools and other local groups.

Dates	Venue
10 November 2011	Trosley Country Park, Wrotham
11 January 2012	Shorne Woods Country Park, Gravesend
20 March 2012	Lullingstone Country Park, Sevenoaks

Time: 9:30pm – 3:30pm

Cost: Kent LA - £100 Academy/Other LA/Independent - £125

Includes: lunch and refreshments; delegates will make hot drinks using fires and other Forest School equipment.

**NB:** This course will take place outside in our Forest Schools area and our outside classroom. You will need to bring appropriate clothing and footwear and be prepared to be outside all day.

# An introduction to Forest School activities

## Audience:

KS3; KS4; KS5; Special Needs; Youth Work; Governors.

This course is particularly suitable for secondary schools and youth groups

## Course content:

This course is an ideal introduction to the Forest School concept and the scope of Forest School experiences.

The aim of the course is to explore how the teaching methods and activities used could be applied to your own school/establishment environment or local area.

It also focuses on the use and development of Forest School and woodland style, experiences to re-engage, motivate and inspire disaffected young people, and improve behaviour and self-esteem.

## Learning outcomes:

- To introduce the concept and benefits of Forest Schools.
- Explore child-centred and child-led learning ideas.
- Gain an understanding of the planning and scope of a Forest School long term programme.
- Experience a range of hands-on Forest School activities.
- Discuss your ideas and answer questions.

## Course trainers:

This course is led by Clair Hobson and Scott Woolsgrove from EarthCraftuk. They are highly qualified and experienced Forest School and Bushcraft practitioners who have worked with all age groups, but who have particular experience working with young people with a wide range of issues and needs.

Courses are based at their ancient woodland site at Mount Ephraim Gardens, Faversham.

Dates	Venue
14 October 2011	The EarthCraftuk forest site at Mount Ephraim Gardens, Herne Hill, near Faversham
27 April 2012	The EarthCraftuk forest site at Mount Ephraim Gardens, Herne Hill, near Faversham

Time: 9:15am – 4:00pm

Cost: Kent LA - £100 Academy/Other LA/Independent - £125

Includes: refreshments; **please bring a packed lunch**

(Please note that booking cancellation charges differ from the CPD Online Booking system; see page 31 for details)

**NB:** This course will take entirely outside and you will need to bring appropriate clothing and footwear.



# Next Steps in Forest Schools

## Audience:

Foundation; KS1; KS2; KS3; KS4; KS5; Special Needs; Youth Work; Governors.

## Course content:

This one day hands on course will support delegates in using the outdoors to enhance learning and will focus on practical activities.

The course will be made up of three sessions:

- Lighting and managing fires safely to make hot drinks and cook some basic ingredients.
- Using a variety of tools and materials to make a variety of implements including tongs, rolling pins and mallets.
- Making shelters and other structures using a variety of knots and tools.



Full notes will be provided to support the learning.

## Learning outcomes:

- Gain confidence in lighting fires, using different techniques and materials.
- Gain confidence in finding, managing and storing materials safely.
- Learn to cook with some basic ingredients and making hot drinks.
- Gain confidence in using tools and ropes and in tying knots
- Learn tool safety techniques
- Develop confidence in running a session with children safely
- Develop confidence in carrying out risk assessments

## Course trainers:

This course is led by qualified Forest School practitioners and Education staff from the KCC County Parks Service; they are also experienced in providing a wide range of environmental, wildlife, science and geography courses to schools and other local groups.

Dates	Venue
17 November 2011	Trosley Country Park, Wrotham
19 January 2012	Shorne Woods Country Park, Gravesend

Time: 9:30pm – 3:30pm

Cost: Kent LA - £100 Academy/Other LA/Independent - £125

Includes: lunch and refreshments; delegates will cook lunch outside and make hot drinks using fires and other Forest School equipment.

**NB:** This course will take place mainly outside and you will need to bring appropriate clothing and footwear.

# Setting up a wildlife area

## Audience:

Foundation; KS1; KS2; KS3; KS4; KS5; Special Needs; Governors.

## Course content:

This course will provide opportunities for delegates to investigate contrasting natural habitats.

The day is split into three sessions:

- Identifying opportunities in own setting.
- Planning and designing a wildlife area.
- Setting up a management plan to maintain the area.

## Learning outcomes:

- To develop delegates understanding of natural habitats including hedgerows, ponds, grasslands and woodlands.
- Reflect, discuss own situations and consider the steps needed to set up a wildlife area.
- Provide opportunities to project plan the set up and maintenance of a wildlife area in the school grounds.
- Safety and risk management.
- Gain confidence in using the environment and explore how the environment can be used as a context for teaching and learning.
- Identify the links to the National Curriculum.
- How to increase the biodiversity value of your school grounds.

## Course trainers:

This course is led by KCC Country Park's environmental studies staff.

Dates	Venue
13 March 2012	Lullingstone Country Park, Sevenoaks

Time: 9:30pm – 3:30pm

Cost: Kent LA - £100 Academy/Other LA/Independent - £125

Includes: lunch and refreshments

**NB:** This course will take place mainly outside and you will need to bring appropriate clothing and footwear.

This course is also available as a bespoke INSET for a whole school staff wishing to visit Lullingstone Country Park and can be combined with an on site visit to your school.



# Art naturally

## Audience:

Foundation; KS1; KS2; KS3; Special Needs.

## Course content:

This course enables delegates to get creative while exploring the varied habitats of Lullingstone Country Park.

Much of the activity will take place outside. There are opportunities for hands on individual and group activities and sharing ideas and best practice.



This day is divided into 3 sections:

- Exploring patterns and designs in nature.
- Using natural materials to make sculptures.
- Using natural products to inspire art projects.

## Learning outcomes:

- Increase confidence in using the environment.
- Raise awareness of the opportunities that exist in the delegates school.
- Provide ideas to develop in delegates own settings.
- Develop an understanding of how to use natural materials and wildlife to inspire designs and creativity.
- Provide opportunities to use natural materials to produce sculptures.
- Use natural materials to create dyes, pencils, paper in order to inspire designs.
- Identify the links to the National Curriculum.
- Safety and risk management.

## Course trainers:

This course is led by KCC Country Park's Education staff.

Dates	Venue
31 January 2012	Lullingstone Country Park, Sevenoaks

Time: 9:30pm – 3:30pm

Cost: Kent LA - £100 Academy/Other LA/Independent - £125

Includes: lunch and refreshments

**NB:** This course will take place mainly outside and you will need to bring appropriate clothing and footwear.

This course is also available as a bespoke INSET for a whole school staff wishing to visit Lullingstone Country Park and can be combined with our Team Building Day.

## Bespoke courses for schools and youth groups

As well as the range of courses in the brochure, we also work directly with schools and youth groups to develop training courses tailored to their specific needs.

Activities can be developed and adapted to suit training for staff or young people, or a combination of both to help develop all aspects of Learning Outside the Classroom e.g. a staff INSET/CPD backed up with a 'mentored' first session with a group of young people, to help staff feel completely confident in the planning and delivery of any outdoor activity.

Examples of Learning Outside the Classroom that are easy and exciting to develop individually or as part of a wider programme of activities or curriculum development:

- Team building, communication, leadership and problem-solving skills and activities
- Camping, survival and bush craft skills.
- Navigation, map work and orienteering.
- Journey planning.
- Risk assessment and management (for staff and young people).
- Self confidence, self esteem and engagement in learning using alternative activities and ideas linked to the curriculum.
- Improved use of school grounds and local area resources for both mainstream curriculum and alternative curriculum activities.
- Skills development in sailing, canoeing, climbing and expeditions.

Please contact us with your ideas and requirements.

## Booking terms and conditions

### Booking a place:

Places can be booked using the new CPD course bookings system. All participants can either book through their own school or establishments profile (see your CPD leader for details) or create a new profile if your school or establishment is not listed.

Places for courses are registered on a first-come, first-served basis. Wherever possible, please apply at least six weeks before the course is due to take place, as low bookings after this time may lead to cancellation. In the event of a course being cancelled due to low participant numbers, the Outdoor Education Training Service will endeavour to give a minimum of 14 working days notice to delegates booked on the course.

To book visit [www.cpdonline.kenttrustweb.org.uk/cpd/](http://www.cpdonline.kenttrustweb.org.uk/cpd/) or for more information on how to book contact The Education, Learning and Skills - Learning Group on 01622 203800

### Cancellation charges (If a participant cancels):

Time prior to course	Start date cost
More than 30 days	No Charge
29 -15 days	50% of the course fee
14 - 0 days (including non attendance)	100% of the course fee



*“Must we always teach our children with books? Let them look at the mountains and the stars up above. Let them look at the beauty of the waters and the trees and the flowers on earth. They will then begin to think, and to think is the beginning of an education.”*

**David Polis**

**For more information please contact:**

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[www.kenttrustweb.org.uk/policy/offsite.cfm](http://www.kenttrustweb.org.uk/policy/offsite.cfm)