



Introduction to Solution Oriented Practice

Time	9.30am to 4.30pm (registration from 9am)
Duration	1-day
Who for	Unqualified and qualified social workers Ready for Practice Students Other professionals
Aims and Objectives	This course is designed to provide an introduction to the principles and method of Solution Oriented Practice. Participants will have the opportunity to practice the skills.
Learning Outcomes	By the end of the day participants will: <ul style="list-style-type: none">• Core assumptions of Solution Oriented Practice including – ‘rapport’, interaction process, searching for strengths, future focus, what works, building on success.• A solution focused interview and ‘follow up’.• Key skills for solution oriented practitioners including – listening, use of questions, language and linguistic skills, detailed description.• Tips for effective work including, If it works do more of it, keeping it as simple as possible, going slowly.• Useful questions, including coping, future focus, miracle question, exceptions, scales.• Useful goals.• Motivation including ‘customer, complainant visitor’.• Applying solution focused practice in your context.
Content	The course will be based around presentations and a range of experiential activities. Videos of practice will be used to illustrate the methods. Participants will also be encouraged to apply the principles and work on their own case material.
Facilitators	David Bucknell
To apply	Please send a completed application form to Professional Development Unit (CSS), 1st floor, Kroner House, Eurogate Business Park, Ashford, TN24 8XU. Telephone bookings are not accepted.