



Adolescents & Mental Health

Time	9.00am for 9.30am start to finish at 4.30pm
Duration	2-days
Who for	SWA's, and staff in Social Care who work with people/parents with Mental Health issues.
Aims and Objectives	This course will help you talk to people with Mental Health issues. Give you basic skills & understanding on what to do if there are problems & how to go about reporting this. Practical exercises are included.
Content	Day 1 – Introduction to Mental Health First Aid, how you can help and when to refer on Depression & Suicide. Day 2 – Anxiety & Psychosis.
Facilitators	Gilly Lucas & Steve Lines
To apply	Please send a completed application form to Professional Development Unit (CSS), 1st floor, Kroner House, Eurogate Business Park, Ashford, TN24 8XU. Telephone bookings are not accepted.