



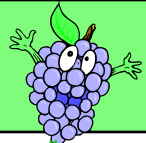
Monday



Tuesday



Wednesday



Thursday



Friday

Week 1

05/09  
26/09  
17/10  
14/11  
05/12

Chicken Fillet Burger in a Bun with Sweetcorn Salsa /Sweet Chilli Sauce  
Vegetable Sausage Turnover  
Jacket Potato & fillings  
Oven Baked Jacket Wedges  
Baked Beans, Garden Peas  
Salad Choice, Fresh Bread  
Peach Pie and Custard Sauce  
Fresh Fruit, Yoghurts, Milk

Minced Beef Hotpot  
Macaroni Cheese  
Jacket Potato & Fillings  
Freshly Baked French Bread  
Broccoli,  
Roasted Mixed Peppers  
Salad Choice, Fresh Bread  
Fruity Flapjacks & Custard  
Fresh Fruit, Yoghurts, Milk

Roast Loin of Pork & Gravy  
Three Bean and Lentil Crumble  
Jacket Potato & Fillings  
Roast Potatoes or Half Jacket Potato  
Country Mixed Vegetables, Cabbage  
Salad Choice, Fresh Bread  
Fruit Jelly & Cream or Fresh Grape Pots  
Fresh Fruit, Yoghurts, Milk

JACKET POTATO BAR  
Choice of Fillings:  
Baked Beans ,Chicken Curry,  
Grated Cheese,  
Tuna Mayonnaise  
Sweetcorn, Coleslaw,  
Beetroot Salad  
Salad Choice, Fresh Bread  
Fresh Fruit Salad Pots & Cream or Frozen Mousse  
Fresh Fruit Yoghurts, Milk

Crunchy White Fish Bake  
Cheese & Tomato Bruchetta  
Jacket Potato & Fillings  
Chipped Potatoes or Half Jacket Potato  
Grilled Tomato, Baked Beans  
Salad Choice, Fresh Bread  
Iced Lemon Sponge/Muffin  
Fresh Fruit, Yoghurts, Milk

Week 2

12/09  
03/10  
31/10  
21/11  
12/12

Hot Cumberland Sausages Baguette  
Savoury Vegetable Puff  
Jacket Potato & Fillings  
Oven Diced Herby Baked Potatoes  
Diced Carrots, Onions  
Salad Choice, Fresh Bread  
Apple, Plum Oaty Goodie & Custard Sauce  
Fresh Fruit, Yoghurts, Milk

Traditional Italian Lasagne  
Freshly made Broccoli Quiche  
Jacket Potato & Fillings  
Garlic Bread, French Bread  
Sweetcorn,  
Mixed Leaf Salad  
Salad Choice, Fresh Bread  
Fruit Jam Sponge & Custard  
Fresh Fruit, Yoghurts, Milk

Roast Beef & Yorkshire Pudding, Gravy  
Vegetarian Toad in the Hole  
Jacket Potato & Fillings  
Roast Potatoes or Half Jacket Potatoes  
Spring Greens,  
Sliced Carrots  
Salad Choice, Fresh Bread  
Arctic Roll, Cookie, Mousse  
Fresh Fruit, Yoghurts, Milk

Barbeque "Sticky" Chicken  
Fruity Vegetable Curry  
Jacket Potato & Fillings  
Caribbean Rice  
Broccoli Florets,  
Spinach & Tomato Salad  
Salad Choice, Fresh Bread  
Mandarin and Honeydew Melon Pots  
Fresh Fruit, Yoghurts, Milk

Oven Baked Cod Portions in Batter  
Cheese & Red Onion Whirls  
Jacket Potato & Fillings  
Chipped Potatoes or Half Jacket Potatoes  
Sweetcorn, Baked Beans  
Salad Choice, Fresh Bread  
Vanilla Shortbread Biscuit  
Fruit Salad  
Fresh Fruit, Yoghurt, Milk

Week 3

19/09  
10/10  
07/11  
28/11

PASTA BAR DAY  
Penne Pasta with a choice of: Bolognese, Carbonara Sauce, Tomato and Basil Sauce, or Grated Cheddar Cheese  
Garlic Bread, French Bread  
Mixed Leaf Salad, Sweetcorn  
Salad Choice, Fresh Bread  
Pear and Chocolate Upside Down Sponge and Chocolate Sauce

Freshly made Chicken Pie  
Winter Vegetable Casserole  
Jacket Potato & Fillings  
Creamed Potatoes  
Sliced Carrots, Garden Peas  
Salad Choice, Fresh Bread  
Jam or Caramel Tart with Custard or Cream  
Fresh Fruit, Yoghurts, Milk

Roast Turkey with Gravy  
Oven Baked Quorn Sausages  
Jacket Potato & Fillings  
Roast Potatoes or Half Jacket Potatoes  
Broccoli Florets,  
Diced Swede  
Salad Choice, Fresh Bread  
Traffic Light Jelly,  
Fresh Fruit, Yoghurts, Milk

Minced Beef Mild Keema Curry & Rice or Chilli  
Roasted Vegetable Rissotto  
Jacket Potato & Fillings  
French Bread, Garlic & Herb Naan Bread  
Grated Carrot Salad, Green Beans  
Salad Choice, Fresh Bread  
Creamy Rice Pudding with Sultanas or Jam  
Fresh Fruit, Yoghurt, Milk

Oven Baked Fish Fingers, Breaded Salmon Fillet  
Mediterranean Vegetable Wrap Stack  
Jacket Potato & Fillings  
Chipped Potatoes or Half Jacket Potatoes  
Garden Peas, Baked Beans  
Salad Choice, Fresh Bread  
Assorted Ice Cream Tubs  
Fresh Fruit Salad, Chocolate Krispies  
Fresh Fruit, Yoghurt, Milk

