

Support and Help:

For young people In Kent:

www.kdaat.org/yp

The Kent Drug and Alcohol Action Team Young Persons Website



Kent Drug & Alcohol
Action Team

To refer a young person (under 18) for support, please contact:

KCA Young Person's Service

01227 456744

yps@kca.org.uk

www.kca.org.uk



Grey Zebra Youth Project at Kenward Trust

email: greyzebra@kenwardtrust.org.uk

Tel: 01622 817820 or 07712 856454 or

www.kenwardtrust.org.uk



For Young People

An online site providing local information about sexual health for young people in Kent

www.foryoungpeople.co.uk



National Support and Help:

Frank - 0800 776600

24 hours a day, 365 days a year
Information on Alcohol and Drugs



www.talktofrank.com

Drinkaware



An online site about alcohol: Respect Alcohol, Respect Yourself
This site contains a Drinks Diary, Unit Counter, Check Your Drinking
and a questionnaire for under 18's

www.drinkaware.co.uk

Re-Solv - 01785 817885

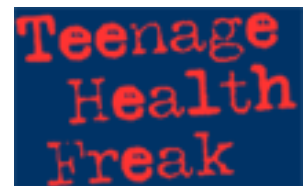
A charity for the prevention of Solvent
or Volatile Substance Misuse



www.re-solv.org

Teenage Health Freak

Provides web-based, accurate and reliable
health information to teenagers in a
contemporary, cringe-free, entertaining and informative way.



www.teenagehealthfreak.org

The Site

An online one stop help shop for 16 +



www.thesite.org.uk

National Information & Support for Parents and Carers:

ADFAM - 0207 9287 8898

Adfam is a national organisation working with and for families affected by drugs and alcohol.

www.adfam.org.uk



Parentlineplus - 020 7284 5500

Parentline Plus is a national charity that works for, and with, parents

www.parentlineplus.org.uk

