



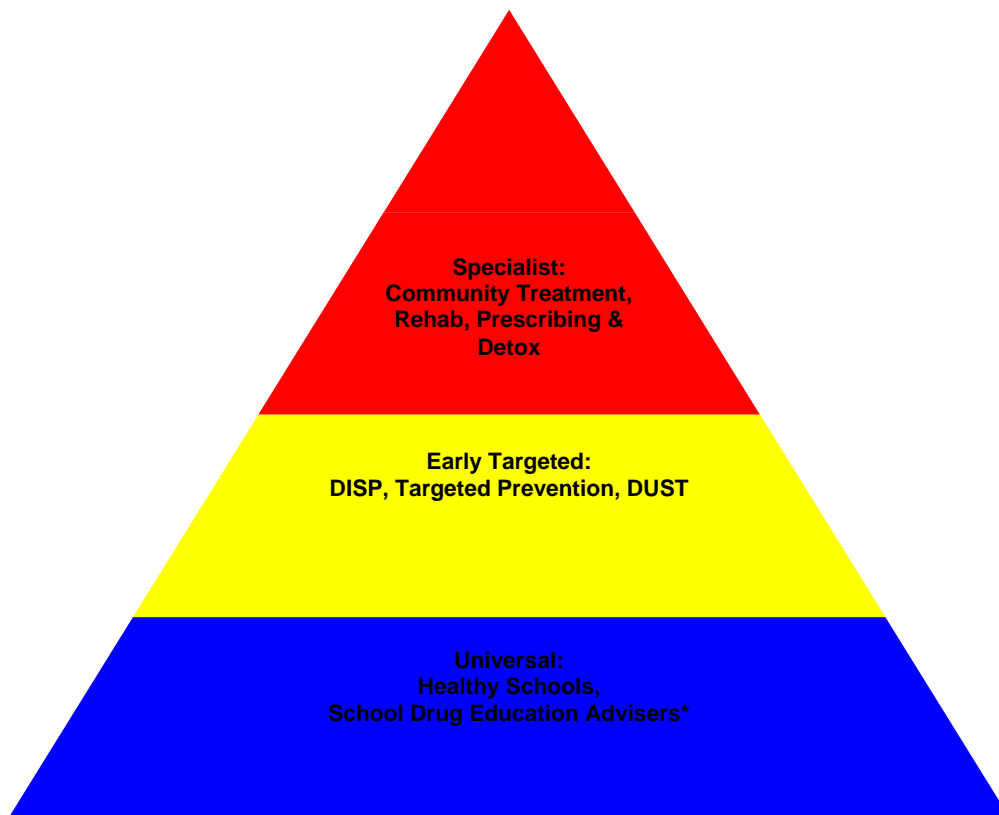
**Kent Drug and Alcohol Action Team (KDAAT)
Young Peoples Services 2008 – 2009**

Introduction

Kent Drug and Alcohol Action Team (KDAAT) commissions services for children, young people and adults across Kent. These services include drug and alcohol education, prevention and treatment services. All these services are provided free of charge.

Young Persons services are divided into three areas: Universal Services, Early Targeted Prevention and Specialist Treatment Services. Further details and contact information for all of these services can be found below.

Young Persons Substance Misuse Services Provided in Kent



* funded by KCC



**Universal Services:
Drugs and Alcohol Education for all Young People
Includes: Healthy Schools and
School Drug Education Advisers**

Healthy Schools

The KDAAT-funded posts provide specialist advice and direction to these groups. 98% of all schools are now engaged in the Healthy Schools programme, leaving just 13 schools to be recruited. 54% of all schools have achieved Healthy Schools status (2008).

Aim:

- To deliver real benefits for children and young people, specifically:
- To support children and young people in developing healthy behaviours
- To help raise the achievement of children and young people
- To help reduce health inequalities
- To help promote social inclusion

Further information can be found by contacting

Kent Healthy Schools Programme

West Kent:

Liz McAvan on 01622 723832 or elizabeth.mcavan@nhs.net

East Kent:

Jennifer Hollands on 01304 828736 or jennifer.hollands@ekentmht.nhs.uk

Mid Kent:

Malti Varshney on 01622 723820 or Malti.Varshney@swkentpct.nhs.uk

Kent Healthy Schools Programme Manager:

Carol Healy on 01622 694598 or carol.healy@kent.gov.uk



Kent Drug & Alcohol Action Team

Schools Drugs Education Advisors (SDEA)

Schools Drugs Education Advisors offer a free service, available to Kent Schools and Clusters, youth service, CF&E Directorate and any other KCC organisation that has contact with children and young people who may be at risk. Their aim is to provide a comprehensive, consistent, reliable and equitable service which contributes to school improvement. They work closely with outside agencies, (i.e. Health, Police, Kent Drug and Alcohol Action Team and other community groups) monitoring and co-ordinating partnership work in schools and on projects or targeted interventions.

for further information, contact Tracey Bates on 01732 225021 or tracey.bates@kent.gov.uk

East Kent:

Anne Lord on 01227 284572 or anne.lord@kent.gov.uk

West Kent:

Karl Love on 01732 225006 or karl.love@kent.gov.uk

Mid Kent:

Kate Craib on 01622 605165 or kate.craib@kent.gov.uk

Joint Commissioning Officer:

Carol Tomlinson on 01622 696685 or carol.tomlinson@kent.gov.uk

Other services for schools include:

PSHE development

Advisory Service Kent supports the development of PSHE with a team of Curriculum Advisers led by Allan Foster.

For further information please contact Allan Foster on 01622 203800 or allan.foster@kent.gov.uk or sas@kent.gov.uk

Or for further information please click on the link below:

http://www.clusterweb.org.uk/ask/curriculumsubjects/ask_cs_pshehome.cfm

Kent Police Services to Schools –

For further information please contact the Force Drugs Liaison Officer PC Howard Chandler on 01622 653237 or 07980 770446 or howard.chandler@kent.pnn.police.uk

Or for Youth Crime Officer Information contact Pc Martin Chandler on 01622 653235 or 07980 684186 or martin.carter@kent.pnn.police.uk



Early Targeted Prevention Services:

DUST

DISP

Targeted Prevention for Vulnerable Groups

Drug Use Screening Tool (DUST)

The DUST training programme assists professionals to talk to young people effectively about substances both alcohol and drugs and direct them to appropriate services. It is targeted at those who work with young people, especially those who work with vulnerable groups such as Looked After Children, Young Offenders, School Excludes, Asylum Seekers & Children of Substance Misusing Parents. KDAAT funds KCA to provide a number of free level I & II training sessions across the county each year. If you are keen for you or your organisation to receive DUST training, please contact KCA on **01227 456744**.

Level I training covers drug awareness, how to spot the signs and symptoms, how to screen for drug and alcohol problems, what specialist services are out there and how and when to refer, attitudes and values and youth culture.

Level II training focuses more on interventions that professionals can carry out with young people that they work with, including motivational and harm reduction toolkits, as well as looking at dependency and addiction in more depth.

KDAAT provides these two levels of DUST training for professionals who work with young people, if you want to book yourself or your agency onto this free training, or you just wish to find out more information please contact:

KCA Young Persons' Service

41 Wincheap
Canterbury, Kent, CT1 3RX
Tel: 01227 456744
E-mail: yps@kca.org.uk



Or Contact Steve Butler at KCA on 01227 456744 email: sbutler@kca.org.uk

Below is the link to the DUST form to download:

[Drug Use Screening Tool \(DUST\) form](#)



Drug Intervention Support Programme (DISP)

This is an intervention which aims to prevent young people from becoming more vulnerable to substance misuse problems by offering an alternative to school exclusion or prosecution through a multi-agency programme. This programme is coordinated by Grey Zebra which is part of the Kenward Trust the DISP partnership includes YOS, the Youth Service, Education (through the SDEAs) and the Police. 'Refocus', a voluntary sector organisation of ex-offenders which educates young people about the realities of prison is also involved.

This is a service is a short programme being informative, educational, interactive and enjoyable for the participants, with on-going support if necessary. If a young person successfully participates and completes the programme then police will not prosecute and schools may not permanently exclude.

Who is DISP for?

DISP is for all young people aged between 10 and 17 who have:

- Been involved in a drug or alcohol related incident in school or in the community
- Been identified as being vulnerable to a drug or alcohol problem

Who can refer a young person?

Schools, Police and other agencies (including Criminal Justice), Parents and Carers and the Young Person themselves

How can I refer?

By contacting Grey Zebra at Kenward Trust

E-mail: greyzebra@kenwardtrust.org.uk

Tel: 01622 817820 or 07712 856454 or

Allison Summers on 01622 817820

<http://www.kenwardtrust.org.uk>



[Drug Intervention Support Programme \(DISP\)](#)



Families and Carers Support Service

The Families and Carers Support Service (FACSS) is currently commissioned to work with parents of young people who are referred to the Drug Intervention and Support Program (DISP). It is part of the Grey Zebra Youth Project for the Kenward Trust. It provides an intervention with parents on the day of the DISP and makes contact with them after the programme as well. The service provides confidential face to face and telephone support for families and carers who want to more information about substance misuse as well as support for problems that arise from a young persons substance misuse.

Families and carers can receive information advice and support by contacting the helpline. The helpline is open during office hours and calls left on the answer phone will be returned as soon as possible.

To find out more or to access the FACSS service please contact:

Families & Carers Support Service (FACSS)

Contact Grey Zebra, Kenward Trust on 01622 817777 or

Email: familiesandcarers@kenwardtrust.org.uk



[Families and Carers Support Services \(FACSS\)](#) - for families and carers of young people referred onto DISP



Early Targeted Prevention

This service uses proactive outreach in order to make contact with young people who fall into the vulnerable groups and who are at risk of problematically misusing drugs and alcohol. Early Targeted Prevention seeks to reduce the harms of drugs and alcohol by understanding these young people's needs and then responding to them with group-based interactive sessions. These sessions address information about effects, consequences of drug and alcohol use, and harm reduction. The service is also a gateway into the specialist community treatment service.

The service also responds to requests from partners in sexual health services and education sites to contribute to existing programmes and to health days. Drop-in sessions are sometimes held in schools and other settings.

The Targeted Prevention service is key in making contact with BME communities through their targeted work with refugees and asylum seekers, their role as a gateway to specialist community treatment and their commitment to diversity issues.

If you are interested in finding out more information about this service please contact KCA the details are below:

KCA Young Persons' Service

41 Wincheap
Canterbury, Kent, CT1 3RX
Tel: 01227 456744
E-mail: yps@kca.org.uk



Or Contact Steve Butler at KCA on 01227 456744 email: sbutler@kca.org.uk

www.kca.org.uk

[KCA Information](#) - referral information for young people, KCA also run the DUST training programme.



Specialist Treatment:
Community Treatment
Rehab
Prescribing
Detox

Specialist Treatment is tailored to the substance misuse (alcohol or drugs) presented by each young person, in relation to the vulnerabilities and risk factors they present. An intervention will include work to engage the young person, overcome fears and build trust. It will always include an assessment, and in the case of a Specialist Community Treatment, the drawing up of a Care Plan.

This specialist treatment is undertaken by KCA

Community Treatment

Individual structured counselling and key working sessions for young people using substances

Contact KCA: Sarah Mills on 01227 456744 or smills@kca.org.uk

Youth Offending Service Named Drugs Workers

Targeted interventions with young offenders using substances

Contact KCA (as above)

KCA Young Persons' Service

41 Wincheap
Canterbury, Kent, CT1 3RX
Tel: 01227 456744



www.kca.org.uk

[KCA Information](#) - referral information for young people, KCA also run the DUST training programme.



Commissioning and Strategic Planning

To ensure robust joint commissioning, effective performance monitoring, reporting & quality assurance of KDAAT commissioned services and promotion of the needs of young people affected by substance misuse across the broader agenda of children's services.

Karen Sharp

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