

# ALCOHOL AND THE BODY

Cut out each box and hand a different one to each of the groups in the class/youth group

## THE WAY YOU ACT

HINT: THINK ABOUT THE WAY PEOPLE BEHAVE WHEN THEY HAVE BEEN DRINKING. FOR EXAMPLE, THEY MIGHT GET MORE TALKATIVE OR DO THINGS THEY WOULDN'T NORMALLY DO

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## THE WAY YOU LOOK

HINT: WHAT DOES DRINKING ALCOHOL DO TO YOUR SKIN AND HAIR, YOUR WAISTLINE, YOUR EYES?

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## YOUR BODY

HINT: THINK ABOUT WHAT HAPPENS WHEN ALCOHOL GETS INTO YOUR BODY. DO YOU KNOW WHAT IT DOES TO YOUR BLOOD AND ORGANS – YOUR LIVER, KIDNEYS, BLADDER?

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